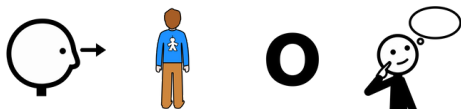# HOW TO RECOGNIZE A HOAX?

1. Cuando te llega una noticia o información

- Whenever you come across news or information, pause for a moment and double-check it before sharing it.

2. See if it's just a joke.

- See if it's just a joke or simply someone's opinion.

3. Track down its source.

- If there's no author or no mention of where it was published, don't trust it.

4. See if others are reporting it, too

- check reputable sites to confirm the story.

- If no other credible sources are covering it, there's a good chance it's false.

5. Ask yourself what it's meant to do
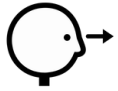
- Is it trying to frighten you or make you anger?

- In that case, it's probably a hoax (just fake news)
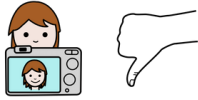
How to use de QR code to see more health information:

1. Open your phone camera.
2. Point it to the QR code(that square with small squares in it).
3. Touch the message that appears on the screen.
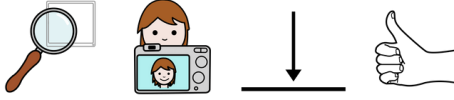4. It will lead you to a safe and official website.

6. Pay close attention to the images or videos

- Sometimes images are edited, or completely unrelated photos are used.

- Always check if the photos are authentic.

7. If it all turns out to be true, you can share it

- But avoid sharing any private details or content that could harm someone.

8. If you are in doubt, don't share it.