

FIBROSCAN



What is fibroscan?

- It is a test to check your liver health.
- FibroScan checks if your liver is stiff and if it has fat.



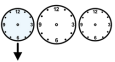
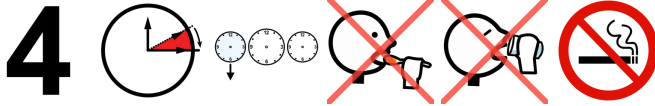
What is fibroscan like?

- FibroScan is similar to an ultrasound.
- It doesn't hurt and it isn't uncomfortable.
- It's not radioactive.
- It has no risks.



What to do 4 hours before the FibroScan?

- 4 hours before the FibroScan, **you cannot eat.**
- 4 hours before the FibroScan, **you cannot drink.**
- 4 hours before the FibroScan, **you cannot smoke.**



How to use the QR code to access health information

1. Open your phone's camera.
2. Point it at the QR code (that square with patterns).
3. Tap the message that appears on the screen.
4. It will take you to a page with safe and verified health information.



- Information verified by Raquel Díez, Advanced Practice Nurse at the Digestive System Department of the University Hospital Complex of Pontevedra.
- Source of information: expertise of the specialist physicians at the Hospital of Pontevedra. This material was created for the COMTA project, developed by the Research Group in Hepatology and IBD of the IIS Galicia Sur and the Departments of Gastroenterology and Endocrinology of the Healthcare Area of Pontevedra and O Salnés.
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